

KERATAN AKHBAR

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Go for home-packed food

BEATING INFLATION

Go for home-packed food

EATING out is popular, and with so many options, customers are spoilt for choice. However, eating out is not cheap.

I remember going out with my colleagues for lunch. Though we had a cafeteria at our workplace, some liked to venture out to seek new culinary experiences.

And so, there were days when we would drive an average of 10km to 15km to a restaurant that someone recommended.

When we arrived, we would be circling the area for 10 to 20 minutes searching for a place to park the car. Then, we would complain about the lack of parking and the way cars were parked.

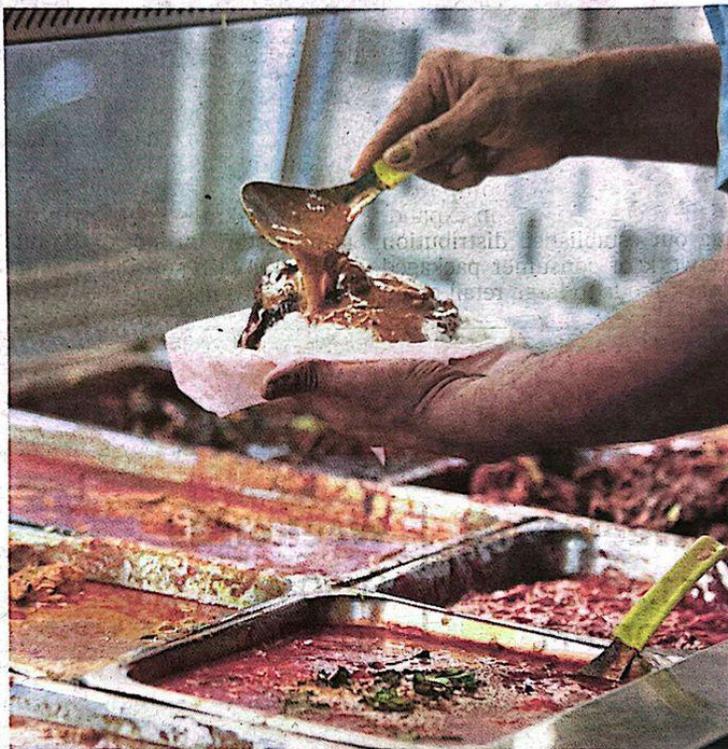
At the restaurant, which was usually packed during lunch hour with not many seats available, we would complain about the floor being dirty, the table being littered with food or the chair being soiled.

When the waiter handed us the menu card, it would take each of us at least five to 10 minutes to make the order.

As each of us ordered different food, the waiter had to note it all down. When the food finally came, we would complain about the time taken to prepare the food.

But, being hungry, we would "dig in" instantly and almost immediately judge the food with comments like "okay", "not so bad", "too spicy", "too salty" or "too little".

On the way back to the car, some would say that they would not return to the restaurant, and others would



Eating out can be expensive. PIC BY MOHAMAD SHAHRIL BADRI SAALI

say that it was "nice".

The following day, the same routine followed at another restaurant.

Eating out and discovering the local food paradise is no easy task.

We go through traffic jams, parking problems, ordering confusion, eating indigestion, uncleanliness and a host of other problems when eating out.

Given this situation, eating out is

surely expensive.

To summarise, nothing beats food packed from home. It is cost-effective. More importantly, food prepared at home is healthier and more hygienic.

Eating home-packed food at your workplace not only reduces tension and cost, but also beats inflation.

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Seremban, Negri Sembilan

